

Week one

Jacket potatoes are available every day.

Week two

If you don't fancy dessert, you can always enjoy fresh fruit or yoghurt.

Week three

Monday

22/02 14/03 18/04 09/05 06/06 27/06 18/07 19/09 10/10

Choose a main meal...
Twist & Shout Salmon with "The Pasta Pack" Vegetable Pasta
Pizza Pinwheel with "Bud & Jud" Half Baked Potato v

on the side...
Garden Peas
"Casey" Carrots
for dessert...
Apple Cracknell* with "Silvertop" Custard
Cooks Homemade Traybake



29/02 21/03 25/04 16/05 13/06 04/07 05/09 26/09 17/10

Choose a main meal...
Cheese & Tomato Pizza Wedge with "The Pasta Pack" Pasta Salad
Vegetarian Sausages with Mashed Potatoes and Gravy v

on the side...
"Sadie" Sweetcorn
"Casey" Carrots
for dessert...
Mandarin & Chocolate Sponge* with Custard
Cooks Homemade Traybake



07/03 11/04 02/05 23/05 20/06 11/07 12/09 03/10

Choose a main meal...
Staffordshire Sausages with Mashed Potatoes and Gravy
Cheese Leek and Potato Pie v

on the side...
Garden Peas
"Casey" Carrots
for dessert...
Fruity Yoghurt Crunch
Cooks Homemade Traybake

Tuesday

Choose a main meal...
Chicken & Sweetcorn Pie with Mashed Potatoes
BBQ Vegetable and Mixed Bean Wrap v

on the side...
"Brains" Broccoli
Swede
for dessert...
Fruit in Jelly
Cooks Homemade Traybake

Choose a main meal...
Roast Beef with Roast Potatoes and Gravy
"Silvertop" Cheesy Hotpot with Roast Potatoes v

on the side...
Garden Peas
Creamed Swede
for dessert...
Peachy Fruit Delight*
Cooks Homemade Traybake

Choose a main meal...
Organic Beef Bolognese & "The Pasta Pack" Wholewheat Pasta*
Reggae Reggae Beans with "Bud n Jud" Potato Wedges v

on the side...
"Brains" Broccoli
"Sadie" Sweetcorn
for dessert...
Oaty Fruit Crumble* with "Silvertop" Custard
Cooks Homemade Traybake

Wednesday

Choose a main meal...
Roast Pork with Roast Potatoes and Gravy
Quorn Roast with Roast Potatoes & Gravy v

on the side...
"Casey" Carrots
Cauliflower
for dessert...
Pineapple Upside Down Cake with "Silvertop" Custard
Cooks Homemade Traybake

Choose a main meal...
Sweet and Sour Chicken with Steamed Rice
Quorn Burger with "Bud n Jud" Baked Wedges v

on the side...
"Casey" Carrots
"Brains" Broccoli
for dessert...
Wholemeal Orange Triangles
Cooks Homemade Traybake

Choose a main meal...
Roast Turkey with Creamed Potatoes and Gravy
Cheese Onion & "Sadie"
Sweetcorn Quiche with Half Baked Potato v

on the side...
"Casey" Carrots
Seasonal Cabbage
for dessert...
Apple Pie with "Silvertop" Custard
Cooks Homemade Traybake

Thursday

Choose a main meal...
Mexican Organic Beef Chilli with Wholemeal Rice**
Cheddar Cheese Flan with "Bud & Jud" Baked Wedges v

on the side...
Garden Peas
Roasted Vegetables
for dessert...
Wild Berry Fool
Cooks Homemade Traybake

Choose a main meal...
Roast Pork with Mashed Potatoes Apple Sauce and Gravy
Vegetarian Bolognese with "The Pasta Pack" Wholemeal Pasta** v

on the side...
"Sadie" Sweetcorn
Spring Cabbage
for dessert...
Sticky Toffee & "Boss" Banana Pudding with Custard
Cooks Homemade Traybake

Choose a main meal...
All Day Breakfast
"Bud n Jud" Baked Wedges
"The Pasta Pack" Pasta
Neapolitan Bake v

on the side...
"Barry" Baked Beans
Roasted Vegetables
for dessert...
Apricot Fruit Swirls "Silvertop" Custard
Cooks Homemade Traybake

Friday

Choose a main meal...
Golden Fish Fillet Fingers with Chips
"Silvertop" Macaroni Cheese v

on the side...
"Barry" Baked Beans
Peas & "Casey" Carrots
for dessert...
Chocolate & "Boss" Banana Muffin
Cooks Homemade Traybake

Choose a main meal...
Crispy Battered Fillet of Fish with Chips
Spanish Omelette with Chips v

on the side...
"Barry" Baked Beans
Peas & "Casey" Carrots
for dessert...
Giant Crunchy Cookie with Pineapple Rings
Cooks Homemade Traybake

Choose a main meal...
Golden Fillet Fish Fingers with Chips
Shepherdess Pie v

on the side...
Peas & "Casey" Carrots
"Sadie" Sweetcorn
for dessert...
Marble Cake & Fruit Compote
Cooks Homemade Traybake

Sandwich with a choice of fillings available daily

We have a fresh salad bar available daily

All of our bread is baked fresh every day

Wherever possible we cater for special dietary requests, please speak to your catering manager



There is a vegetarian choice every day... and don't forget that salad is available daily.

Keep yourself topped up with water - it will help you concentrate

