

PSHE Long Term Plan Key Stage Two Two Year Plan Cycle Two (linked to Christian Values)

	Faith	Family	Friendship
Health and Wellbeing	<p align="center"><u>“Believe, pray and love”</u></p> <ul style="list-style-type: none"> To recognise their individuality and personal qualities To identify personal strengths, skills, achievements and interests and how these contribute to self-worth How to manage setbacks/ perceived failures About change and loss including death and how these can affect your feeling Personal safety online How to manage requests for personal information 	<p align="center"><u>“Happy Families”</u></p> <ul style="list-style-type: none"> How to maintain good oral hygiene Sun safety How and when to seek support, including which adults to speak to in and out of school, if they are worried about their health Hazards in the home, what they can do to reduce risks and keep safe How to respond to an emergency situation Keeping safe, road safety Why some people chose/ don’t chose to use drugs, alcohol and cigarettes 	<p align="center"><u>“You’ve Got a Friend in Me”</u></p> <ul style="list-style-type: none"> Problem solving strategies for dealing with emotions, challenges and change including transition to new schools About personal identity, what contributes to who they are
Relationships	<p align="center"><u>“ Anti- Bullying</u></p> <ul style="list-style-type: none"> About keeping something confidential or secret. When to break the secret and tell someone How to get advice and report concerns if worried about someone To listen to and respond respectfully to a wide range of people whose traditions, belief and lifestyle are different to their own How to discuss and debate, valuing other peoples views 	<p align="center"><u>“Different Families”</u></p> <ul style="list-style-type: none"> To recognise different types of family structure – single parents, same sex parents, step parents, blended families, foster parents That all families of all types can give family members love security and stability, being therefore each other If family relationships are making them feel unhappy or unsafe, who can you tell? 	<p align="center"><u>“I am a Good Friend”</u></p> <ul style="list-style-type: none"> To recognise the importance of self respect and how this can affect their thoughts about themselves, that everyone, including them , should expect to be treated politely and with respect by others; strategies to improve or support courteous, respectful relationships Recognise different types of physical contact, what is acceptable and unacceptable, strategies to deal with it How to recognise pressure from others to do something unsafe, how to say no and who to tell Importance of modelling good behaviour To recognise the importance of self-respect, they should be treated correctly Recognise similarities and differences between people

<p>Living in the Wider World</p>	<p><u>“Environment Matters”</u></p> <ul style="list-style-type: none"> • The important of showing compassion towards others; shared responsibilities we all caring for others people and living things, how to show care and concern for others • Ways of carrying out shared responsibility for protecting the environment in school and at home 	<p><u>“Money Money Money”</u></p> <ul style="list-style-type: none"> • That people make spending decisions based on priorities, needs and wants • People’s spending decisions affect others (fairtrade) • To identify the type of job they might want to do when they are older • How important school is in influencing your job choices 	<p><u>“I am Unique”</u></p> <ul style="list-style-type: none"> • Different groups that make up their community
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